

Preparing For Your Surgical Procedure

A nurse and admissions team member will attempt to contact you by phone a few days before your scheduled procedure to complete the pre-registration process. The Pre-admission and Registration Center (PARC) is open Monday through Friday, 8 a.m. to 5 p.m. Please call (225) 765-TEST (8378) if you have any questions or have not received a call within 48 hours of your procedure.

During Your Pre-Surgery Call(s), You Will:

- Update your current medical history.
- Receive education about your procedure.
- Discuss discharge needs with the nurse.
- Have an opportunity to ask questions and discuss any concerns.
- If dialysis patient, notify nurse of schedule and facility.

Please have a list of all medications you are currently taking, how often they are taken, along with dosages during the call. If necessary, an appointment may be scheduled at the Pre-admission and Registration Center (PARC) for further evaluation by an anesthesia representative.

Before Your Procedure

- Complete any X-Ray, diagnostic testing and lab work 5-7 days in advance of your procedure. Check in at the round information desk near Elevator F and Suite 111 in Medical Plaza I.

Pre-Registration and Pre-Certification

You will also be contacted by phone to verify insurance coverage. During this call, you will:

- Complete the pre-registration process.
- Discuss your financial responsibility, which may be collected at this time.

If you do not have coverage or if you have workman's compensation coverage, please call (225) 765-1300 for assistance.

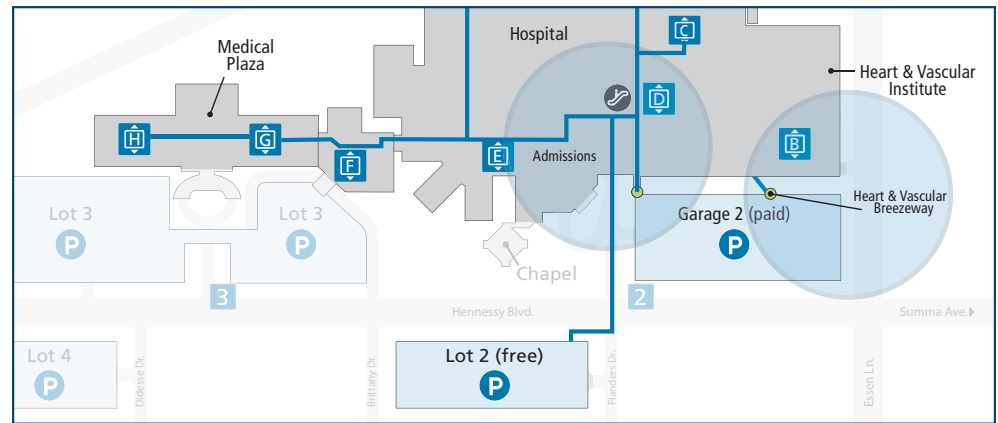
Preparing for Your Procedure

- It is important not to eat or drink anything after 11 p.m. the night before your procedure unless instructed differently by your physician (includes water, mints or chewing gum). **You may brush your teeth, but don't swallow any water.**
- No tobacco products after 11 p.m. (includes all smoking devices and chewing tobacco)
- If you take insulin, heart medication, blood pressure medication or blood thinners, ask your physician about special instructions regarding these medications.
- Please bathe or shower with an antibacterial soap before your procedure paying special attention to the procedural site.
- Do not shave the area where you are scheduled to have surgery.
- Please refrain from wearing any make-up, hair spray or perfume.
- Notify your physician if you develop:
 - > Cold or flu symptoms
 - > Temperature greater than 100.5
 - > Any infection including tooth aches
 - > Burning with urination
 - > Any cuts, scrapes or injuries near the pending surgical area

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Upon Arrival

Please arrive at the designated time given by your physician to the Admissions desk on the second floor of the facility as indicated on the map below. Parking at Garage 2 next to the hospital is available for \$3 each time you exit. **Free parking is available in the lot across Hennessy Boulevard.**



Day of Your Procedure

- If you are unable to walk, a wheelchair may be obtained from the main entrance upon request. If security personnel are not present, you may use the phone on the wall to call 5-8825 to request a wheelchair.
- Please bring these items with you when checking in:
 - > Insurance card and driver's license or picture ID
 - > Financial means of paying your co-pay if applicable
 - > Copy of Living Will or Durable Power of Attorney if applicable
 - > Home medications in original bottles (if unable to bring original bottles please bring a current list including dosages and how often you take them)
 - > Any paperwork and x-rays given to you by your physician
- You are not allowed to wear any jewelry to the procedural areas. Please leave all valuables at home. This includes all jewelry and large sums of money.
- Visitors will be limited to 2 per patient in the admit area while preparing you for your procedure.
- Please be aware that your procedural time is only an estimated time, and you may have your procedure before or after the provided time given by your physician.
- In your admit room, you will meet with the physician or anesthesia provider who will administer your anesthesia for the procedure. This representative will discuss your anesthesia plan of care with you and your family.
- You must have someone available to drive you home. Please make every effort to have this arranged prior to admission.

Pain Control

You will also receive information on the Pain Scale that will be utilized post-procedure to insure that you have adequate pain control before discharge.



During Your Procedure

- Your family will be directed to the waiting room. The procedural staff will notify your family at the beginning of your procedure and throughout its progression. The receptionist will inform your family of the post procedure room number.
- The physician will speak with your family after your procedure is complete.

After Your Procedure

- Your discharge nurse will discuss and provide you with written instructions on how to care for yourself at home. Our staff will answer all questions you or your family may have prior to discharge.
- It is important to have someone stay with you for the first 24 hours after your procedure.